

Columbus State University Women's Health Clinic

The CSU Women's Health Clinic is staffed by caring and qualified medical providers. Patients are seen by appointment and are encouraged to make appointments for annual examinations at least two weeks in advance. Your exam may not include a Pap smear. See guidelines below and www.ACOG.org for additional information.

Procedures Performed by CSU Health Services Providers:

- Annual GYN Exam and STI testing (under 21 years) - **\$40.00**
- Annual Exam (Pap and STI testing) – (21 – 29 years) -**\$100.00** - (30 years & up)- **\$110.00**
- Contraceptive Management (Birth Control) – A prescription may be provided after annual exam.
- Emergency Contraception - **\$25.00**
- Pregnancy Testing (Urine) - **\$5.00**
- Sexually Transmitted Infection Testing (STI Testing) - **\$35.00**
- Depo-Provera Injections - (**\$10.00** administration fee)
- Other Gynecological concerns – (**\$10.00** may be charged for supplies)

If You Make an Appointment with CSU Women's Health Clinic

1. Make your appointment during a time that you will **not be on your period**. If you are on your menstrual cycle, your appointment may be rescheduled. **Call clinic for instructions.**
2. **Do NOT use any vaginal creams** or douche for two (**2**) days prior to your examination because it will interfere with your test results.
3. **Do NOT have sexual intercourse** for two (2) days prior to your examination because it will interfere with your test results.
4. If you desire birth control, and no contraindications are found during your exam, a prescription will be sent electronically to the pharmacy of your choice. **Most prescriptions will have 12 refills good for one year after date of prescription.**
5. Write down any questions you may have so you can discuss them with your provider at the time of your examination. **Arrive 15 minutes before your appointment time.**

The American College of Obstetricians and Gynecologists (ACOG) Pap smear (cervical cancer screening) guidelines:

- **Columbus State University Health Services adhere to ACOG new guidelines:**
- Women should have their **first** screening Pap smear at age **21**.
- Women should have a Pap smear every **three years** (assuming prior Pap smears have been normal).
- These guidelines need to be followed whether you have or have not had the HPV vaccine.
- A yearly physical including a breast exam, pelvic exam*, and STI screening.
- If you have ever had an abnormal Pap smear, consult with your Health Services provider concerning how often you will need a Pap smear.

*The pelvic exam may or may not include a Pap smear based on your history and the ACOG guidelines.